Qi Revolution 2012

Accelerate Your Energy! **Profound Qigong & Yoga Health Training** **Food as Medicine**

$99 for 4-Days of AMAZING Qigong Healing

"Massive Group Energy" Assembles for High-Energy Yoga & Qigong Techniques

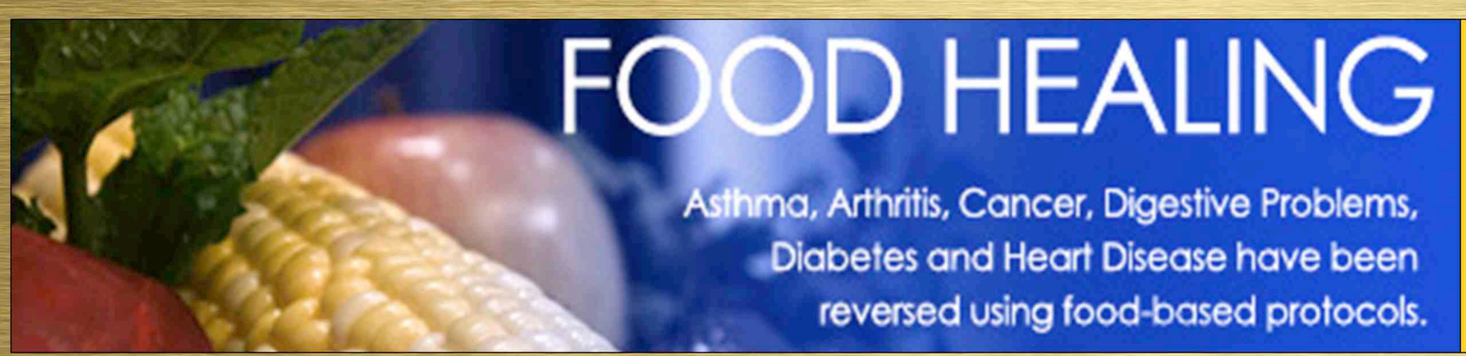
QIGONG HEALING & BREATHING APPLICATIONS (Level-1) Sat & Sun

* **Breath Empowerment**: Generate Qi like a master. Feels like "Humming Engine" in belly.
* **Empty Force**: Your energy field becomes so palpable - it feels like solid matter.
* **Spiral & Press on Qi**: Subtle movements are the REAL KEY to harness Qi-Energy.
* **Cloud Hands**: Beautiful practice for strengthening Lungs and opening chest.
* **Earth Hands**: Strengthens the hips, legs, & the reproductive center of the body.
* **Around the World**: Rotate at waist, spheres of qi are created to boost energy.
* **Push Hands**: Energy is projected outside body. Qi gently "pushes" to assist movements.
* **Natural Walking Qigong**: Generate Healing Qi by walking naturally in your neighborhood.

Over 30,000 people have experienced the strongest energy of their lives at this seminar

ADVANCED BREATHING APPLICATIONS (Level-2 & 3) Monday & Tuesday

* **Tumo Breathing:** Build Warmth & Qi-Power in your Navel. Pulsation of Blood & Qi flows down arms & legs.
* **Wuji Style Qigong:** Explore 7 Wuji Movements. Create your own Qigong form. "MAGNETIC DANCE" of Qi.
* **9-Breath Method:** ULTIMATE Breathing practice. Blissful waterfall of Qi removes stress & negativity!
* **Advanced 9-Breath:** Ignite Energy to deepest possible levels. We become PURE SPIRITUAL VIBRATION.
* **Healing Others w/9-Breath Method:** Capable of True Miracles. Recipients experience "Flush of Energy".



In this seminar you'll also receive in-depth training in Food-Healing, the art of using specific foods to reverse specific diseases. Millions worldwide have reversed the worst diseases with food alone. You will learn this wisdom in precise detail & share it w/others.

"I have 30 Years Experience in Yoga, Tai Chi & Qigong and I've never felt energy like this before. This system combines Qigong with Advanced Breathing Exercises that are PHENOMINALLY ENERGETIC." - Rick Agel M.D.

SUPREME SCIENCE Qigong

Orlando Convention Center April 28th - May 1st

April 28th & 29th is (L-1) April 30th is (L-2) May 1st is (L-3) - - All three levels $99!

Seating Limited. CEU's Available. (800)-298-8970 www.QiRevolution.com