

Qi Revolution *in Atlanta*

Accelerate Your Energy! Profound Qigong & Yoga Health Training Food as Medicine

☯ \$99 for 4-Days of AMAZING Qigong Healing ☯



"Massive Group Energy" Assembles for High-Energy Yoga & Qigong Techniques

QIGONG HEALING & BREATHING APPLICATIONS (Level-1) Sat & Sun

- * **Breath Empowerment:** Generate Qi like a master. Feels like "Humming Engine" in belly.
- * **Empty Force:** Your energy field becomes so palpable - it feels like solid matter.
- * **Spiral & Press on Qi:** Subtle movements are the REAL KEY to harness Qi-Energy.
- * **Cloud Hands:** Beautiful practice for strengthening Lungs and opening chest.
- * **Earth Hands:** Strengthens the hips, legs, & the reproductive center of the body.
- * **Around the World:** Rotate at waist, spheres of qi are created to boost energy.
- * **Push Hands:** Energy is projected outside body. Qi gently "pushes" to assist movements.
- * **Natural Walking Qigong:** Generate Healing Qi by walking naturally in your neighborhood.

*Over 30,000 people
have experienced
the strongest energy of
their lives at this seminar*

ADVANCED BREATHING APPLICATIONS (Level-2 & 3) Monday & Tuesday

- * **Tumo Breathing:** Build Warmth & Qi-Power in your Navel. Pulsation of Blood & Qi flows down arms & legs.
- * **Wuji Style Qigong:** Explore 7 Wuji Movements. Create your own Qigong form. "MAGNETIC DANCE" of Qi.
- * **9-Breath Method:** ULTIMATE Breathing practice. Blissful waterfall of Qi removes stress & negativity!
- * **Advanced 9-Breath:** Ignite Energy to deepest possible levels. We become PURE SPIRITUAL VIBRATION.
- * **Healing Others w/9-Breath Method:** Capable of True Miracles. Recipients experience "Flush of Energy".

FOOD HEALING

Asthma, Arthritis, Cancer, Digestive Problems,
Diabetes and Heart Disease have been
reversed using food-based protocols.

In this seminar you'll also receive in-depth training in Food-Healing, the art of using specific foods to reverse specific diseases. Millions worldwide have reversed the worst diseases with food alone. You will learn this wisdom in precise detail & share it w/others.

"I have 30 Years Experience in Yoga, Tai Chi & Qigong and I've never felt energy like this before. This system combines Qigong with Advanced Breathing Exercises that are PHENOMINALLY ENERGETIC." - Rick Agel M.D.



Atlanta World Congress Center March 17th-20th

Hands on Training also at Asheville Crown Plaza Resort March 10th-13th

4-Days only \$99. Seating Limited. 32 CEU's 800-298-8970 QiRevolution.com